South Australian Motor Racing Officials Assoc. Marshals Mumblings

October 2011







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MARSHALS MUMBLINGS October 2011

Official Newsletter of the South Australian Motor Racing Officials Association Inc.

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	David Mori	0409 202 414
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Training & Competition Committee

Chief Flag Mobile 0448 633382

Chairperson/ Position vacant –

Secretary Committee to be elected at October Meeting

OH & S Rep/New Members Steve Clift 0412199266 ridgenews@chariot.net.au

T&CC Members	Leigh Marchesi	0418 813 603
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The Editor welcomes contributions from any person interested in motor sport. Therefore, views expressed in this Newsletter are not necessarily those of the South Australian Motor Racing Officials Association or any of its members.

SAMROA WEB SITE www.samroa.org.au

Postal Address: PO Box 1312 ADELAIDE, SA, 5001.

The South Australian Motor Racing Officials Association (SAMROA) Inc. is a volunteer organisation affiliated with the Confederation of Australian Motor Sport (CAMS) Ltd.

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President's Report

Hi Everyone,

Well what a couple of crazy months we have had. SAMROAns scattered to the four winds, all in the name of what we do!

Before I get into that, I do want to thank the members who assisted in the City to Bay Fun Run. Now I can understand running for a bus or train, but for fun? Oh well it takes all sorts, and that's what we saw, all sorts. I have to admit it would have been an easier exercise (pardon the pun) if we had a few more members to assist. So next year – have a think about joining us, not only for the Fun Run but also the breakfast at Bocelli on Hutt St afterwards. 15 - 20 members is an ideal number to make our part of this event work effectively.

At the time of printing this edition many of our members will be over in Korea for the Korean Grand Prix. For many of those it's on the back of the Singapore Grand Prix, we hope they enjoyed the experiences as we did back home watching it on TV and we welcome them all home safely. Our very own "Australian Official of the Year" Mr David Mori (Sorry David couldn't help it) has clocked up several thousand Km's along with some of our Victorian Cousins, to ensure these events run as smooth as possible through additional training with the international officials. Hats off to you David!

Many other SAMROAns joined several hundred other officials from around Australia at Mt Panorama Bathurst. This race is an Aussie Icon and well worth the trip over just to experience the atmosphere that country NSW can offer. Having officiated this event twice before, I can tell you it's a unique experience, TV does not do this track justice just try to walk it without losing your breath!

By now everyone should have received and sent back their completed Clipsal 500 Application Forms. If you have not received one or lost the one you had, send me an e-mail president@samroa.org.au and I'll send you out one. First timers are encouraged to apply but a little circuit racing experience is preferred.

President's Report (cont.)

So, with all that to digest,

I personally look forward to welcoming everyone back at the next General Meeting on the 19th Oct - 8pm at the Veneto Club. Please bring your racing stories (even the slightly stretched ones) and any photos you may have. I know Fran our news letter Ed would love to include pic's from all your racing experiences in the news letters.

See you all there!

Cheers for now

Paul Hart.

(Cover pic: just one of the magnificent vehicles in Clem Smith's Mallala collection)

Congratulations to members celebrating birthdays this month:



October
Peter Cirillo (15th), Dainis Zakis (17th)

November Grant Paproth (1st), Darren Martin and Ron Stevens (2nd), Shaun Field (5th), Matthew Jones (16th)

OH & S Report

By Steve Clift

Our season is almost at an end, and then the Clipsal 500 is on our doorstep.

Plan and prepare yourself during the off-season, for a great start to the new motor racing season. Look for those early meeting in February 2012, to dust off the cobwebs.

Mental and physical

The type of sport you are officiating will dictate when you start your training and what type of training you do. In sports that require officials to have a high fitness level, you don't really stop training, but lessen the load at the end of the season and build back into more specific training as the season comes closer.

All-year-round general fitness training will lead into more strength and sprint training, approximately ten weeks out from competition. It is essential that training is always specific to what you do in competition. That is really important!

Mental toughness and how you cope and focus starts well before the season begins. Physical and mental training go together pre-season, particularly when doing practice matches. It is important that the way you officiate in practice matches is no different to the way you would perform in a competition or big game — this will build your confidence. Procedures and protocols should come naturally during games, which allows you more time to work on other skills and techniques which affect your decision-making.

Currency and rules

Attend any courses and rule discussions to update your knowledge prior to and during the motorsport season. Even if you have completed the same course the year before, it is always good to refresh your knowledge — quite often you will learn at least one new thing.

Find a mentor who can assist you with your preparation and skill development as a CAMS Accredited official. Use the knowledge of more experienced officials or your mentors: they are a great resource!

OH & S Report (cont.)

Reading the CAMS online Manual and event regulations is the obvious way of staying current but even more important is learning how to apply the rules—having an understanding of their application and their interaction with other rules is essential. Aim to prepare well in the pre-season, work hard to maintain and improve your performance every time you officiate, and always aim for consistency.

Provided by:-

CAMS Australian Officials' Commission (AOC) and Australian Sector Marshal's Group (ASMG) *Information to promote the Health and Fitness of CAMS Volunteer Officials*



Have you moved house since you worked at Clipsal last year? Are you a new member and would like to be involved? If you haven't yet received a letter about Clipsal 2012, email:

c500officials@bigpond.com.au to request an application form.

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Ed Says

Hats off to the two fire marshalls who performed so quickly and efficiently at the Bathurst 1000 to save what could have been a very nasty situation. Well

done guys!







2011 SA & NT CAMS Awards Dinner

Saturday the 4th of February 2012

Join us at AAMI Stadium, West Lakes

to congratulate our award winners for the 2011 Motor Sport Season

We are very pleased to be able to present to you at the Awards Night, a special segment called...

"On the Couch with Ed Ordynski"

Make no mistake Ed Ordynski is one of the biggest names ever to have raced Rally cars in Australia!



Beginning at 7.00pm with pre dinner drinks at your table followed by a choice of two Entree's, two Main Courses and concluding with an individual Dessert, Tea & Coffee



JDP Report

From Darren Mattiske via Peter Tann

In the second year of the Junior Development Program (Circuit) we have 12 very enthusiastic participants from a wide range of backgrounds and motor racing exposure. The focus of this year's program is to prepare the participants for the grass roots motorsport events of Motorkhana, hillclimb, sprints & Modern Regularity. Of course, we will help as much as possible if anyone aspires to compete in circuit racing like Superkarts or the new Excel Series.

Andrew Bailey from the Nissan Datsun Car Club has been able to pull together some great driver trainers. SAMROA are also using the JDP in developing our own officials and exposing them to Event Secretary and Clerk of Course roles.

On day 1 in August, it was packed full with presentations and the all important one-on-one driver training.

Shawn Graetz from the Melbourne CAMS office is coordinating the Illicit Drugs in Sport (IDiS) program for CAMS, as part of a Federal Government funded program to educate sport about the dangers of illicit drugs. In essence, the focus is on providing 15-25 year olds with drug information, and running them through some discussion and a DVD to prepare themselves in their everyday life, and if they are in a position where they are exposed to drugs in the future. Shawn has identified Junior Development Programs as ideal opportunities to integrate the anti-drugs message with, and will be flying over to present at our 27 August JDP event. 10 minute video, then a short discussion time with the students.

Sergeant John Illingworth from the Traffic Training & Promotion Section went thru a modified presentation of the "Cars have Changed" program in which John was able to provide some frightening statistic of young road users and explain some of the choices they have either when driving or a passenger. Brilliant presentation for both the participates and their parents. CAMS should consider running a night for its members.

Darren also ran thru the

- Aims of the Junior Development Program (JDP)
- Motorsport in South Australia
- Role of the Confederate of Australian Motorsport (CAMS)

In September, Day 2 provided we continued the in the classroom which will cover the event structure.

Pre-event Documents

- Items you will need on the day
- Circuit Layouts
- What to do when you arrive at an event
- What happens during an event
- What happens at the end of an event
- What do you do if there is a problem

We also had a special presentation by Vtech Automotive Training and the "Share the Road" campaign. This explains some of the challengers trucks drivers face while driving in traffic and provides an eye opening exercise by showing the correct distance when travelling behind trucks if you want to be seen. Warren will bought along his "lemon car" which provides a fun task to identify 40 or so defects on the lemon car. Many thanks to Felicity from SDCC for giving warren a helping hand.

And our Sport & Club Development Officer Charise Bristow also made a welcomed visit.

On Day #3 in October we are planning

- Superkart presentation
- Greg has arranged a skid car thru Allan Miller Driving school. Each Student will have the opportunity to experience loss of control situations like oversteer and understeer and given some guidance on how to control it. In the time we have, no one will be able to master it, however, we very grateful for this opportunity.

The Circuit Excel presentation has been postponed until Day #4 to allow extra time for the skid car and driver training.

I would like to thank all the volunteers in planning and , Tailem Bend Primary School for the BBQ and of course our Friends at Sprint Auto Parts at Edwardstown for supporting the JDP.



SAMROA Merchandise



SAMROA Sew On Badge - \$6



SAMROA Sticker - \$3 (10cm across)



SAMROA Logo Pin (Metal) - \$3



SAMROA Cross Flags (Metal) - \$3



SAMROA 30th year badges...\$10 each

MPD

"SERVICE OTHERS ONLY TALK ABOUT"

Trade Discount at Ray's Outdoors:

SAMROA is now a trade customer at Ray's outdoors, simply quote the Business name (South Australian Motor Racing Officials Association) or number D73564 at the register to get a significant discount.

28 stores nationwide, SA Stores at: 61-69 West terrace ADELAIDE 1 Phillip Highway ELIZABETH/ Harbour Town ADELAIDE AIRPORT





Automotive Repairers and Refinishers

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Mobile Lui: 0408208755

Mobile David: 0409202414





RAA Approved MTA Member



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Ticket Purchase Order - RSVP by 20th January, 2012 (Please note: <u>Tickets will not be available for purchase after this date</u>)

(Please supply names of guests)

Name	•••••			
Address	•••••			
Suburb/Town	•••••	Postcode		
Cost: \$85.00 per person Debit my: \square MasterCard \square Visa	or enclose chequ	ne ()(M) ne/money order oo per person \$00		
Cardholder Name	Expiry Date	Signature of Cardholder		
Return top portion with payment and names of guests				
Free Parking — Satur Ticket price also Wine Pre-Dinner D Spirits will on Awards Ceren RSVP must be received to	rday 4th Februance includes a 4 hore, Beer, and Sorrinks at your tally be available nony will begin ogether with a	Drive, West Lakes ary 2012 ur Drink Package of:		
Strict Dress	Code: Loung	e/Semi-Formal		

Four easy ways to RSVP by 20th January, 2012









Email: <u>laurene.whitwell@cams.com.au</u>

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