



**South Australian
Motor Racing Officials Association
Newsletter
April 2019**

A CAMS affiliated Organisation



Website: www.samroa.org.au

Next General Meeting: Wednesday, April 10th @ The Royal Terrace Hotel in Kent Town – 6:30pm for a meal, 7:30pm meeting.



SAMROA is proudly supported by



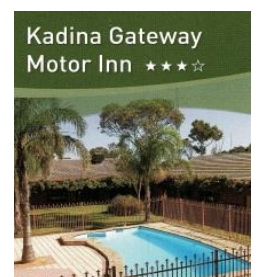
Modbury



St Agnes



Gully Meats



**Kadina Gateway
Motor Inn**

MARSHALS MUMBLINGS

April 2019

Official Newsletter of the

South Australian Motor Racing Officials Association Inc.

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<i>Position</i>	<i>Office Bearer</i>	<i>Contact</i>
Patron	Vern Schuppan AM	
President	Steve Lewis	president@samroa.org.au
Vice President	David Castrechini	vicepresident@samroa.org.au
Secretary	Paul Bonnett	secretary@samroa.org.au
Assistant Secretary	Shaun Halliday	assistantsecretary@samroa.org.au
Treasurer	Ray McGuiness	treasurer@samroa.org.au
New Members	David Castrechini	newmembers@samroa.org.au
General Committee	Janelle Orrock, Bruce Morisset, Lisette Hutchins and Peter Stevens	

Training and Competition Committee – tcc@samroa.org.au

Chief Flag mobile – 0448 633 382

Chairperson	Brad Morrison	tcc@samroa.org.au
Secretary	Chris Hutchinson	
OH&S Representative	Deborah Squires	
Members	Steve Lewis, Peter Stevens, Paul Bonnett	
CAMS Chaplain	David Vaughan	0418 803 239
CAMS Delegate	Paul Bonnett	
Newsletter Editor	Lisa Totani & Peter Ruth	editor@samroa.org.au
Social Committee	Janelle Orrock & Graham Church	social@samroa.org.au

Postal Address: PO Box 1312 ADELAIDE, SA, 5001.

The South Australian Motor Racing Officials Association (SAMROA) Inc. is a volunteer organisation affiliated with the Confederation of Australian Motor Sport (CAMS) Ltd.

Upcoming Events

Sunday, April 14th – Superkarts and Regularity @ Mallala – more numbers are needed for this event. Please contact Chief Flag to get your name down.

April 27th & 28th – All Historic Race Meeting @ Mallala

May 5th – MSCASA Peter Hall 6 Hour Regularity @ Mallala

May 19th – Superkarts and Regularity @ Mallala

Events of Interest



Volunteer official applications:

<https://volunteer.darwinsupercars.com.au/>

Event Info: <https://www.darwinsupercars.com.au>



Shannons Nationals - The Bend Motorsport Park 12th -14th July

Check your inbox for registration details or contact Janelle at jorrocksc@bigpond.com

Would you like to be SAMROA'S next Treasurer?

After 5 years in the role I want to do some “grey nomading” and overseas travelling. I am offering to train/do a handover in the months leading up to the August 2019 Annual General Meeting (AGM).

The role is not onerous, usually taking up around 4 hours per month, with some extra work required around June/July for the Budget and Annual Report, with the latter going to the AGM. I would be doing this work for 2019 but would be happy to show the incoming Treasurer how it is all done.

Skills Required: Numeracy, literacy, and a working knowledge of MS Excel.

If you are interested, or would like to discuss the role with me, please email me at: treasurer@samroa.org.au

or mobile: 0402 043 956

Ray McGuiness - *SAMROA Treasurer*

President's Report

Welcome to the April Newsletter.

Well, already coming into April where events start to pick up again. They call it mad March in and around Adelaide but for Motorsport this year it has been reasonably quiet.

On behalf of SAMROA, I would like to offer our condolences to David and Di Castrechini, one of our life members, for the loss of his father on the 27th March, aged 92. Our thoughts and prayers are with David and Di at this sad time.

At the 500 this year we were privileged to be able to have a promotional stand over on the CBC oval alongside the Super Kart Club, the AKA and ANDRA. I would like to thank Peter Tann and Sean Grimmond for each putting in some time there talking with interested people and handing out some flyers. Well done guys. Also, a thank you must go out to Ian Williams from the ASC for his help setting up on the Wednesday prior to the race meeting.

With this being a quiet month with not too much to report, I wish to start reminding everyone about the nominations for the committees coming up in August and then October. I know it's early but if we can all have a think about if you would like a spot on the committee, please start letting your fellow members know so they can nominate you. The start of this year was not the ideal way to start off with not enough numbers on either the General Committee or the T&CC. Please remember that this is your club and it needs fresh blood on these committees every couple of years or so.

Everyone would have received a personal invitation to the 41st Annual change over dinner to be held at the Sporting Car Club S.A. on the 21st of September 2019. This looks great as I personally haven't seen anything like it before. Thankyou Janelle and well done. I would like to thank Graham Church for stepping forward to lend a hand on the Social Committee. Grahams first call of duty is to supply the lunches for the next Super Kart round on the 14th, I'm sure he will do well. Janelle and Graham are the only people on the Social Committee, and they wouldn't mind getting a hand and some ideas for this year's dinner. If you would like to contribute, please contact myself or Janelle for further information.

When we have new people make their way out to race meetings, please be sure to make them feel welcome and pass on all the knowledge you have, to bring them up to speed with what we do. The first two meetings at Mallala saw approximately six new potential members and from what I gather from talking with them most have filled in membership forms. I have received great feedback from a couple of the new people saying how welcomed they felt and the education they received on the day. This is what we need, to not only bring in new members but to retain them as members for as long as we can. At the Super kart meeting on the 24th Feb it was great to see so many members and new people come out. We had around 35 officials which gave us 3-4 people to a point. This gave me the opportunity to get around and meet and greet the new comers which is something I don't normally get the chance to do. Thank you and well done to all.

The Vehicle Information Day at the ocean View College was held on Sunday 31st March. We had around 38 people present, both members and non-members. Thank you to the six drivers for preparing their cars to have them on display for everyone to go over them and learning all the safety aspects of them, which included harness, emergency shut off switches HANS device, Tow points, extinguishers. The drivers were great in the way they engaged our members and the way our members were asking questions to the drivers.

Everyone got a lot out of the day and the feedback was great. This is certainly an event we will have again in the future. Well done to Brad Morrison and Peter Stevens for the preparation of the event. Thank you to the Ocean View Collage for the use of their school grounds to have this event. Photos are published on the face book page and the website showing all involved getting in and out of cars, starting the engines and switching them off via the emergency shut off switches.

Photo gallery link: <https://samroa.org.au/2019-vehicle-information-day/>

All for now,

Keep on enjoying your Motorsport.

Steve Lewis - SAMROA President



SAMROA

Formally Invites you to the 41st Annual Dinner

To be held at The Sporting Car Club of SA

51 King William Road, Unley

On

Saturday, 21st September 2019

6pm for a 6:30pm start

Cost

Members: \$40

Non-members: \$60

BSB: 633 000 Account Number: 157 234 915 Message: "Name" of SAMROA

Please advise us of any dietary requirements that you may have. If you have any queries, please contact social@samroa.org.au or Janelle on 0427 155 909

Cover Photo: SAMROA member and Circuit Excel Driver, Ash Bennett's decorated "rear end" of his Hyundai which was on display at the training day. Fantastic signage for the club!

The [Editor](#) welcomes contributions from any person interested in motor sport. Therefore, views expressed in this Newsletter are not necessarily those of the South Australian Motor Racing Officials Association or any of its members.



Happy birthday to our members who have already celebrated or will be celebrating milestones in April or May.

- 🎉 Grant Sims – April 5th
- 🎉 Dieter Von-Zieden – April 11th
- 🎉 David Mori – April 11th
- 🎉 Matthew Johnson – April 15th
- 🎉 Jared Stevens – April 25th

- 🎉 Scott Chamings – May 5th
- 🎉 Christian Thiry – May 10th
- 🎉 Paul Karamanov – May 25th

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Committee member Shaun Halliday is a franchisee of Mister Minit which specialises in repairs, engravings, cutting services plus much more! Shaun has offered a 20% discount for SAMROA members upon presenting their membership card. His kiosk is located at the Unley Shopping Centre. Come on down and support each other.

T&CC Report

Hello all and welcome to the April T&CC report. Through the month of March, it has been quiet for the club. We had members participating in the F1 in Melbourne and they represented the club well. We had one big event on the 31st March which was our vehicle information day at Ocean View College, the day was well attended by new officials and old a total of 45 were present.

We had 6 race vehicles present 2 excels, 1 formula Vee, 1 saloon car, 1 modern regulatory and 1 aussie race car. We thank all the drivers for giving up their time and preparing the vehicles for the day. Officials were introduced to external electrical cut-off switches, external fire extinguisher discharge locations, window nets, Hans devices, racing seat harnesses and removable steering wheels.

The T&CC have received great feedback from the day from both officials and drivers, this may become a regular event on the calendars. A big thank you to the members of the committee that assisted with the organisation and running of the day.

In upcoming events, we have a Superkarts and Modern Regulatory meeting on Sunday 14th of April, Andrew Robinson is the chief flag and is still looking for more people. On the 27th and 28th of April we have the annual historic race meeting, this is a great event and a great chance to see some classic race vehicles for time gone by, Paul Bonnett is the chief flag and Brad Morrison is the assistant chief flag. Please look at getting your names down for these events in the database, if you don't have access let a committee member know and we can get your name down.

That's about it from us this month just a reminder that the weather will start to get colder trackside so check your race bags and make sure you have everything you need. See you all trackside as we start to ramp up again.

Brad Morrison - T&CC Chairperson



WH&S Report – Winter is on its way

Hypothermia is a very real possibility and we need to do everything possible to prevent it. Wet weather and wind chill factors speed up the process, so prevention is the key.

What is Hypothermia?

Hypothermia is a serious medical condition that occurs when our body loses heat quicker than it can produce it. Our normal body temperature is 37 degrees C, hypothermia occurs as our body core temperature falls below 35 degrees C. That's just 2 degrees C difference but very significant to our wellbeing.

Symptoms

- Shivering
- Low energy
- Confusion and memory loss
- Lack of co ordination
- Slurred speech
- Loss of consciousness

When hypothermia sets in, we are normally not aware of it ourselves due to the gradual onset of symptoms so please look out for each other.

PREVENTION

- Dress appropriately head to toe!
- Waterproof/ wind resistant jacket, spray jacket, pants and shoes/boots.
- Layers – layer you clothing. It's a lot easier to cool down than warm up.
- Beanies, gloves, scarves, balaclava and of course the hood of your jacket.
- Feet – waterproof shoes, preferably boots and thick socks.
- Earmuffs – protects your hearing and keeps your ears warm.

Below are examples of what I consider the basic winter wardrobe.



REMINDERS

- SAMROA 40th Anniversary Beanies are available for purchase. Contact Steve Lewis for further information

Deborah Squires - SAMROA WH&S Representative



Mr Michael Henningsen Orthopaedic Surgeon

Specialities include hip and knee replacements, arthroscopies, shoulder problems.

Consultations available at Ashford Specialist Centre, Bedford Park and Noarlunga hospital.

Phone 82678222 to book your appointment

www.michaelhenningsen.com.au

Minutes from the previous meeting can be found in the March Newsletter via the website.

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