

## South Australian Motor Racing Officials Association Marshals Mumblings February 2019

**A CAMS affiliated Organisation** 



Website: www.samroa.org.au

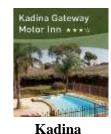


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### MARSHALS MUMBLINGS February 2019

### Official Newsletter of the South Australian Motor Racing Officials Association Inc. PRINT POST APPROVED - PP532699 / 00006

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	Peter Stevens	

#### 1 etci Stevens

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### Chief Flag mobile – 0448 633 382

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The South Australian Motor Racing Officials Association (SAMROA) Inc. is a volunteer organisation affiliated with the Confederation of Australian Motor Sport (CAMS) Ltd.

## **President's Report**

### Welcome to the February Newsletter.

I hope everyone has had a wonderful break over the Christmas and New Year period and that you are all feeling refreshed. It certainly feels good to have some time away from the track after a busy season.

SAMROA has a big year ahead with Tailem Bend continuing to fill the calendar, more motorsport for us to cover than we have had in a long time. The year kicks off on the 16th February with a State Round at Mallala Motorsport Park. This is closely followed on the 24<sup>th</sup> by a Super Kart Meeting at Mallala. Remember these meetings are great to attend prior to the Adelaide 500 to refresh your skills. March will be a little slow locally, but April will kick off again with a Super kart / Mod regularity on the 14<sup>th</sup>, followed by the All Historic race meeting at Mallala. We were lucky to get the Shannon's Nationals back to S.A. last year, we are even luckier this year as we get two rounds at the Bend.

To those officials that headed to the Mountain for the 12 Hour in early February – I hope you enjoyed your trip and learn a whole lot more from your experience. Anyone who made the trip to Bathurst for this event, I invite you to write about your experience and send it to our editor for publishing in the newsletter.

If you have any friends that would like to become an official, please bring them out to Mallala or The Bend so they can experience what we all love to do first hand. Remember we need to keep recruiting with the increased workload that we have with the two Circuits.

SAMROA has been very lucky over the last 12 months or so with memberships growing. In 2018, we saw 12 new members sign up with our club and this certainly a good effort. I do not remember at any time this many people joining in one year. With this trend, I for one, would love to see it continue. When the new people make their way out to race meetings, please be sure to make them feel welcome and pass on all the knowledge you have, to bring them up to speed with what we do.

I would like to take the opportunity to remind everyone of the advantages of being a member of SAMROA. For your membership fee you receive, discounted price on your shirt with free embroidery, discounted prices on all other club apparel, including casual club polo shirts, trackside working shirts, and the end of year change over Dinner is generally around the \$30.00 discount for members. The T&CC also put on fire training days, which is not a cheap exercise, free to the members. Something we haven't had in a while is a vehicle information day, which is now in the organisation stage. This is where we will have 4-5 drivers bringing their race cars to an organised destination for our members and new prospective members to have a close look inside. More information will come from the T&CC report soon. This day will also include a BBQ lunch and it's free to the members. A small fee will be charged to the non-members.

Now, I know its summer but, I have a bag full of beanies, approx. 26 for sale which have had the 40<sup>th</sup> Anniversary badge sewn on them. These are going for \$20.00 or you can get the badge alone for \$10.00, nothing wrong with preparing for the coming winter months. I will have these at the next General meeting for you to have a look.

The database has just now been updated with the first eight race meetings for 2019. Please take a look and start your motorsport planning now well in advance. It is always better to put your name down for what meetings you would like to work as it is easier to remove your name if something arises.

All for now.

Steve Lewis - SAMROA President

Next General Meeting: Wednesday, 13<sup>th</sup> February @ Reepham Hotel (Corner Churchill and Regency Road) at 7:30pm. All welcome.







Happy birthday to our members who have already celebrated or will be celebrating milestones in February.

- Shaun Doecke 5<sup>th</sup>
- Steve Clift 6<sup>th</sup>
- Lisette Hutchins 7<sup>th</sup>

- Shaun Halliday 13<sup>th</sup>
- Peter Stevens 22<sup>nd</sup>
- Bradley Morrison 22<sup>nd</sup>

# Would you like to be SAMROA'S next Treasurer?

After 5 years in the role I want to do some "grey nomading" and overseas travelling. I am offering to train/do a handover in the months leading up to the August 2019 Annual General Meeting (AGM).

The role is not onerous, usually taking up around 4 hours per month, with some extra work required around June/July for the Budget and Annual Report, with the latter going to the AGM. I would be doing this work for 2019 but would be happy to show the incoming Treasurer how it is all done.

Skills Required: Numeracy, literacy, and a working knowledge of MS Excel.

If you are interested, or would like to discuss the role with me, please

email me at: <u>treasurer@samroa.org.au</u>

or mobile: 0402 043 956

Ray McGuiness - SAMROA Treasurer

### **Events of Interest**

While SAMROA values the commitment of its members at local events, we also encourage members to participate and experience other interstate and international events. Please note, applications for the 2019 Australian Formula 1 GP are now closed.



Adelaide Superloop 50% (Feb 18 to March 3<sup>rd</sup>):
For non-trackside (eyent based) volunteer roles:
<a href="https://superloop/8/100.com.au/event\_info/volunteers-and-officials">https://superloop/8/100.com.au/event\_info/volunteers-and-officials</a>



Run from April 19th to 21st 2019

Website for more info: <a href="http://www.bathurst6hour.com.au/">http://www.bathurst6hour.com.au/</a>

Volunteer Application form: http://www.bathurst6hour.com.au/event-

info/officials-application



### **Volunteer official applications:**

https://volunteer.darwinsupercars.c

#### **Event Info:**

https://www.darwinsupercars.com.au/

Cover Photo: Bathurst 12 Hour.

The <u>Editor</u> welcomes contributions from any person interested in motor sport. Therefore, views expressed in this Newsletter are not necessarily those of the South Australian Motor Racing Officials Association or any of its members.

## **T&CC Report**

Hey everyone, welcome back to another year of motorsport action! I'm sure you are all getting more and more excited now that the Superloop 500 allocations are out, but don't forget we have 2 events before then to kick off the 2019 motorsport season.

Firstly, we have the Circuit Racing Championships Round 1 at Mallala motorsport park on the 16<sup>th</sup> of February. The chief flag for this event will be Steve Clift, please check your diaries and see if you are able to attend this event. Numbers are on the rise and we could always use a few extra hands on flags of course.

Secondly, we have the **Superkart and modern regularity on the 24<sup>th</sup> of February** and the Chief Flag will be Peter Stevens. Numbers are low at this stage and I encourage as many members to attend as possible to support this event.

Please contact the chief flag of these two events, register on the database or contact a T&CC Member if you wish to attend. I know it is said every year, but it really is the best way to dust off the cobwebs and get ready and prepared for the Supercars in Adelaide.

A reminder that on Sunday March 31<sup>st</sup> at Ocean View College Taperoo we will be hosting a Vehicle information day between 10am-2pm. Drivers will be showing us all the race car devices including but not limited to, safety equipment such as a blue triangle, window nets, seat belts, steering wheel release and HANS device. We will have quite a few cars on show such as Excels, Historic, Saloons, Aussie racing cars, Improved Production and a V8 touring car. We have some other great cars hopefully being confirmed later this month. We will also be putting on a BBQ lunch later in the day. This event is at NO COST for members. \$10 for non-members, however if they join up, they will receive \$10 off their membership. Please think about attending this event as this will be a great opportunity to find out or update your knowledge. We will need confirmation of attendance via the member database by the 23<sup>rd</sup> of March for catering purposes.

**Uniforms**: We have had quite a few members put through orders for uniforms recently which is fantastic. If any members whom would like to place an order for a uniform could you please do so as soon as possible. Our club Secretary Paul B is going to be submitting the order form towards the

end of this month, so make sure you don't miss out and get in touch via email at secretary@samroa.org.au.

Please make sure you are looking after yourself trackside. It has been very hot and dry lately as we all now after these bad heatwaves. Don't forget to slip, slop, and slap at the upcoming events, drink plenty of water when it is hot (even when you are not that thirsty) and don't forget to have some hydrolyte and Powerade etc. so you don't flush all the electrolytes out of your system. Please let the chief flag know if at any stage during the event you feel unwell. If you are scheduled to attend an event and wake up feeling sick, please call the chief flag. Stay home and get better, no point coming out and making it worse.

The T&CC are always looking at upskilling our officials and are interested in hearing about other roles you may want to do trackside. Motorsport offers a vast variety of roles including starter, assistant starter, form up, assistant chief flag, race control communicator and more. If you feel ready to tackle a different role or are looking at a CAMS licence upgrade, please contact any T&CC member and we would be happy to help guide you on the right pathway to make this achievable.

If you have any issues or questions at all, please feel free to contact myself or any member of the T&CC to have a chat. That's all for now, I look forward to seeing you all at Mallala on the 16<sup>th</sup> of February to kick off 2019.

*Chris Hutchinson – T&CC Secretary* 

## Flagging Reminders

- Flag "face to face" not "back to back"
- Display flags at 900 to the traffic
- Hold a stationary flag at the top and the bottom
- Wave a flag in a vertical figure of "8"
- Hold the flag out of sight when not in use
- Do not over-use the flags.
- If you are displaying a yellow flag during an incident, do not display the Blue flag
- If you are displaying a yellow flag during an incident and the red needs to be shown, do not withdraw the yellow flag
- If you are displaying a green flag during an incident and the red needs to be shown, you must withdraw the green flag

### **Report Writing**

- If you see it write it
- If you don't see it don't write it
- Keep strictly to the facts
- Don't give personal opinions
- Write what you saw, not what you think or hope you saw
- Don't sign as a witness to a report you don't agree with
- Write legibly. Please print
- Report everything that happened relevant to the incident (i.e. contacts, spins, vehicle damage, flag signals, infringements etc.)
- Your report should contain the following:

✓ When✓ What✓ Where✓ Who✓ Diagram

• **Don't be afraid to write a report** – it is part of your duties



BLUE Overtaking signal



GREEN All clear ahead



WHITE

Slow moving vehicle or service vehicle on the track ahead



BLACK & WHITE DIAGONAL

Warning flag, displayed to a Driver behaving in an unsportsmanlike manner



#### YELLOW

Danger ahead – slow and be prepared to take avoiding action



#### BLACK WITH ORANGE DISC

Mechanical problems: stop at pit on the next lap



#### YELLOW WITH RED STRIPES

Deterioration of adhesion / slippery surface ahead



#### BLACK

Enter pit lane on the next lap



RED

Stopping the race or practice



#### BLACK & WHITE CHEQUERED

Finishing flag – end of race or practice

# **Hand Signals**

When marshals attend a trackside incident, information needs to be quickly relayed back to the communicator at the point and then up to Race Control. You will need to use these signals to tell the people back at the point what is happening with the car and driver. Marshals at the point must then repeat them back

as acknowledgement of the communication.



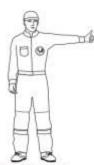
Fluid on the track Point to the fluid and 'spread soaker' with the other hand



Assistance required Pat top of head



Is it safe to cross the track? Arm vertical: Walt (not safe) Arm lowered: Cross (safe)



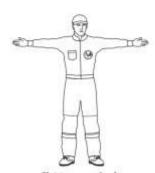
The driver is OK Thumbs up



Medical attention required Cross arms over head



Fire marshals required Arms form an 'F'



Flat tow required Arms form a 'T'



Lift tow required Arms raise and lower repeatedly



Rescue equipment required Arms form a 'W'

## WH&S Report

## Weather Wellbeing

Since the last newsletter we have endured many hot days including breaking records. It is a timely reminder to prepare for extreme weather conditions. Heat exhaustion and heat stroke are very possible if we don't look after ourselves and each other.

Preparation can start the day before by increasing your fluid intake so that you are well hydrated and have some in reserve.

### On the day

- Sunscreen re-apply throughout the day
- Hat/cap
- Snacks maintain energy

### **Heat related symptoms**

- Headache
- Fatigue
- Cramp
- Dizziness
- Profuse sweating
- Nausea

- Light weight clothing
- Use shaded areas when/where possible
- Fluids! Fluids! Fluids!
- Rapid heartbeat
- Confusion
- Pale skin
- Vomiting
- Fainting

If you are experiencing any or a combination of symptoms you need to let someone know immediately.

Your personal safety and that of your team is the highest priority.

### Injury/illness

If you are suffering from an injury or illness prior to an event do not participate. Notify a member of the TCC/Chief Flag of your inability to attend asap.

If you choose to attend you will deteriorate throughout the course of the day. Doing this will only exacerbate your condition and recovery time will increase.

You will be putting yourself and others at risk if you can't perform your duties to the best of your ability.

Remember, we rely on each other to maintain a safe environment and to end the day the way we started it.

#### Snakes alive!!

As we know the prevalence of snake sightings are at a high this time of the year. If you do see one try to remain calm and report it immediately. Don't chase it away or scare it. You may find yourself up close and personal with it

### **Quick Reminder**

40<sup>th</sup> Anniversary Beanies available. Winter will be upon us before we know it! Contact Steve Lewis for further information.

Regards,
Deborah Squires - SAMROA WH&S Representative



#### Mr Michael Henningsen Orthopaedic Surgeon

Specialities include hip and knee replacements, arthroscopies, shoulder problems.

Consultations available at Ashford Specialist Centre, Bedford Park and Noarlunga hospital.

Phone 82678222 to book your apointment

www.michaelhenningsen.com.au

